

Your-Future.Life

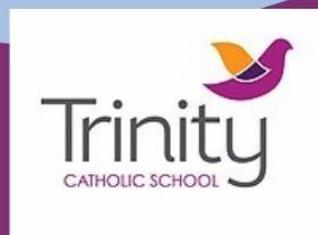
#AIMHIGH

Transition Pack Level 3 Health & Social Care

Get ready for Level 3 qualifications!

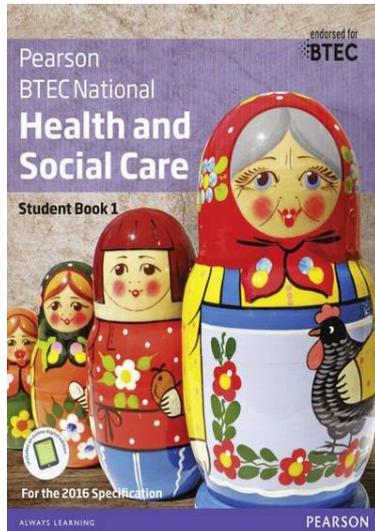


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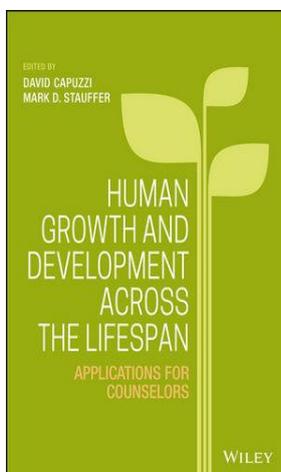
Book Recommendations

Below is a selection of books that should appeal to anyone interested in Health and Social studies – someone with an enquiring mind who wants to understand the ins and outs of the subject.



The Student Book and ActiveBook has clearly laid out pages with a range of supportive features to aid learning and teaching:

- **Getting to know your unit** sections ensure learners understand the grading criteria and unit requirements.
- **Getting ready for assessment** sections focus on preparation for external assessment with guidance for learners on what to expect. Hints and tips will help them prepare for assessment and sample answers are provided for a range of question types including, short and long answer questions, all with a supporting commentary.
- **Pause point** features provide opportunities for learners to self-evaluate their learning at regular intervals. Each Pause point feature gives learners a Hint or Extend option to either revisit and reinforce the topic or encourage independent research or further study skills.
- **Case study** and **Theory into practice** features enable development of problem-solving skills and place the theory into real life situations learners could encounter.
- **Assessment practice** features provide scaffolded activities that help prepare learners for assessment. Within each assessment practice activity, a Plan, Do and Review section supports learners' formative assessment by to making sure they fully understand what they are being asked to do, what their goals are and how to evaluate the task and consider how they could improve.
- **Dedicated Think future** pages provide case studies from the industry, with a focus on aspects of skills development that can be put into practice in a real work environment and further study.



Handbook Of Human Development For Health Care Professionals 1st Edition

by [Kathleen M. Thies](#) (Author), [John F. Travers](#) (Author)

Recommended Books	ISBN
Jasper M – <i>Beginning Reflective Practice</i> (Nelson Thornes, 2003)	ISBN 97807487 71172
McGee P – <i>Principles of Caring</i> (Nelson Thornes, 2005)	ISBN 97807487 94096
Miller J – <i>Care Practice for S/NVQ 3</i> (Hodder Arnold, 2005)	ISBN 97803408 89336
Nolan Y – <i>S/NVQ in Health and Social Care: Candidate Handbook</i> (Heinemann, 2005)	ISBN 97804354 53732
O'Hagan K – <i>Cultural Competence in the Caring Profession</i> (Jessica Kingsley, 2001)	ISBN 97818530 27598
Spector A – <i>Making a Difference</i> (Hawker, 2006)	ISBN 97818747 90785
Stretch B and Whitehouse M – <i>BTEC Level 3 Nationals in Health and Social Care Student Book 1</i> (Pearson, 2010)	ISBN 97818469 07663

Useful Websites	
Websites	
www.bcodp.org.uk	British Council of Disabled People
www.community-care.co.uk	Community Care
www.dh.gov.uk	Department of Health
www.eoc.org.uk	Equal Opportunities Commission
www.everychildmatters.gov.uk	Every Child Matters
www.rnib.org.uk	Royal National Institute of Blind People
www.rnid.org.uk	Royal National Institute for Deaf People
www.skillsforcareanddevelopment.org.uk	Sector Skills Council for Care and Development
www.skillsforhealth.org.uk	Sector Skills Council for the UK Health Sector
www.society.guardian.co.uk	The Guardian
Other Sources	
Journals and magazines	
<i>Care and Health</i>	
<i>Community Care</i>	
<i>Nursing Times</i>	

Recommended Television programmes

Mind over Marathon BBC 1 – a documentary following 10 people with mental health issues and how sport was used to help them overcome this. This can be found on BBC iplayer



A Child of our time BBC 1- In the year 2000 the BBC embarked on a ground-breaking project – to follow the lives of 25 babies born in the UK. These children are now 16 follow their stories. This can be found on Youtube and the current series will be on BBC iplayer.



<https://www.youtube.com/watch?v=guETCAUsY2M-> BBC documentary Panorama. Behind closed doors. Elderly care home exposed.

<https://www.youtube.com/watch?v=70uuvICk89Q-> a Child of our time Quiz.

https://www.youtube.com/watch?v=zRPM_pqaPp4- Care Values and Health professionals

Student Tasks:

TASK ONE- Unit 1 Exam Unit

Lifespan development blog Learning aim A1

Throughout your study of Unit 1:

Human Lifespan Development you will be creating your own Lifespan Development Blog. The blog will document key milestones and significant events in an individual lifespan. It will have different sections to represent the different life stages: infancy, childhood, adolescence, adulthood and older adulthood.

You should write your blog as if it is really happening to you. Describe all the milestones, experiences and events from a personal perspective. For example, you could start the first section with the milestone of conception, and you might begin your blog with: 'I have been conceived. This happened in my mother's fallopian tube, when a sperm from my father penetrated an ovum which had been released from my mother's ovary...'

Use the following category headings for your blog:

1. Infancy
2. Childhood
3. Adolescence
4. 4. Adulthood
5. Older adulthood

For each section, you will research the key milestones and significant life events, and some of the factors that can influence an individual's development at each life stage. You will also use experience from your own family members and from your work placements where relevant. Your tutor will provide guidance for each section as you work through the different life stages in your studies

The blog will help you to consolidate and apply your knowledge about human lifespan development. It will also help to reinforce key aspects of this important unit and prepare you for external assessment.

TASK TWO- Unit 5

Attachment and emotional resilience Learning aim A3

Case Study Jade is 8 years old and is a looked-after child. This means that she is being looked after by the local authority rather than her own parents, so has been placed with several foster families since she was taken into care. Although her real parents live locally, she has been taken away from them because the local authority social services feel that her parents are not capable of looking after her and keeping her safe. Her parents agree with this decision as they are both drug addicts and know that they have always neglected her. They both love Jade, but because of their addiction they spend all their money on drugs and are high most of the time. Instead of looking after her when she was a baby they were always out looking for ways to score or serving time in prison for theft. Jade was child-minded by whichever adult or child was available each day in the block of flats where her parents lived until she was taken into care at the age of 4 years. Jade feels an outsider with her foster family and wants to go back to live with her own parents like her classmates do. She continually misbehaves and causes trouble at home. She finds it hard to make friends at school and often falls out with her class mates. They don't like her because she is either being rude and aggressive towards them and the teacher or else she is sullen and withdrawn

1. What is it about Jade's early childhood that has caused her to have difficulties forming friendships and relationships with others?

2. Why do you think Jade behaves as she does?

3. What are the likely effects on Jade's:

- ability to deal with disappointments? _____
- confidence? _____ - _____
- sense of security? _____
- ability to overcome problems? _____
- ability to trust others? _____
- ability to become autonomous? _____
- future relationships as an adult? _____

4. What can her foster parents do to help her?

5. Do some research to find out what other problems Jade may have in later life if she remains in care.

Make notes to keep in your portfolio.

Task 3

Health care professionals

Below is a list of Health care professionals. Put together a job profile for each Health care professional to develop an understanding of how their job role and responsibilities.

- Doctor
- Nurse
- Midwife
- Social worker
- Physiotherapist
- Dietician
- Radiographer
- Paramedic
- Dental hygienist
- Careworker
- Pharmacy Technician
- Health professional
- Health visitor
- Mental health worker
- Athletic trainer

Recommended

Work Experience

It is highly advisable that you gain some relevant work experience over the summer holidays. During this course you will study a number of case studies and look at the different professions within Health and Social care. If you can organise a work experience placement outside of school to gain some understanding into the profession this would be extremely beneficial.